

# INVEST HEALTH

## *Strategies for Healthier Cities*

A Project of the *Robert Wood Johnson Foundation*  
and *Reinvestment Fund*



## The Learning Curve

Created by The Center for Creative Leadership

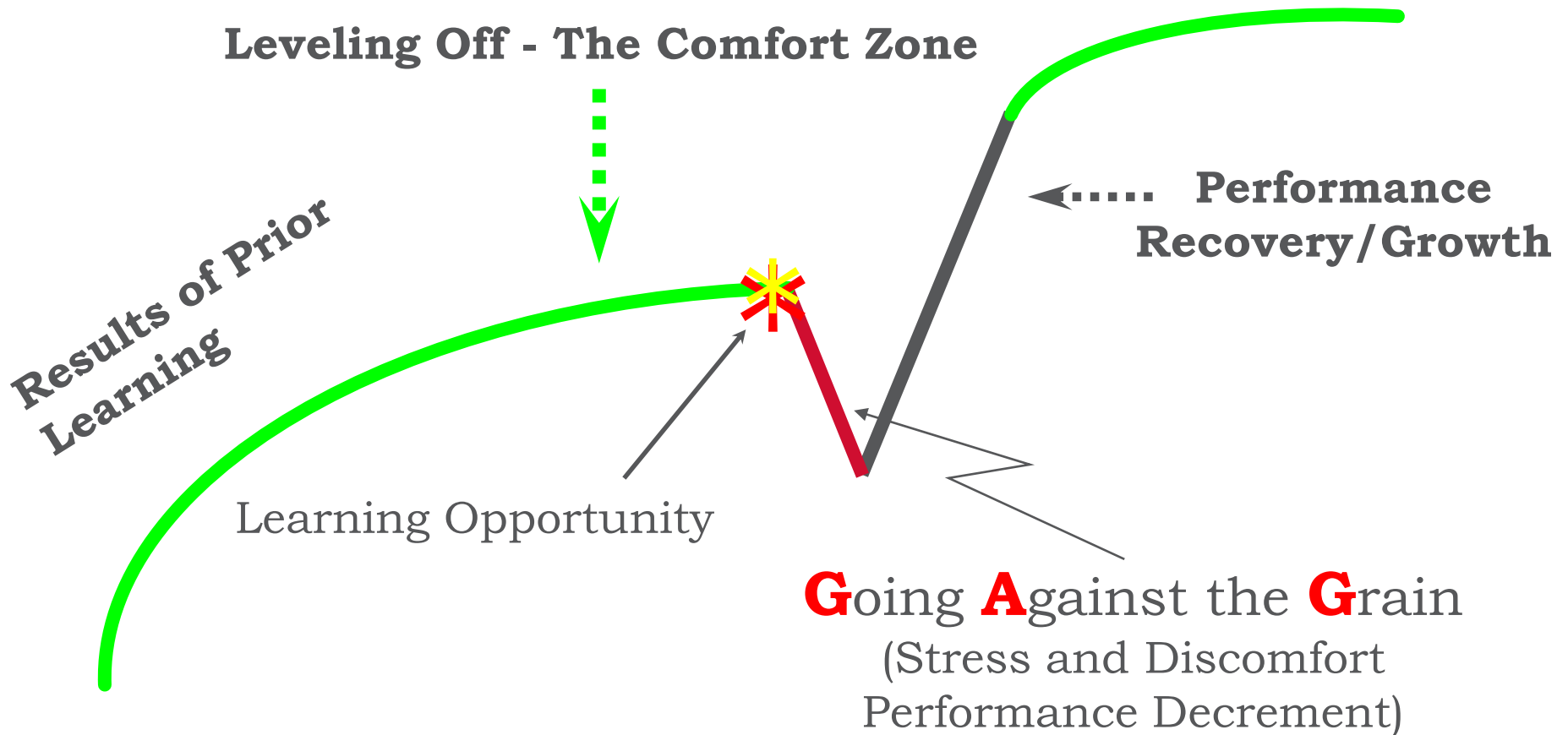
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Karya Lustig

Deputy Director

The Center for Health Leadership and Practice

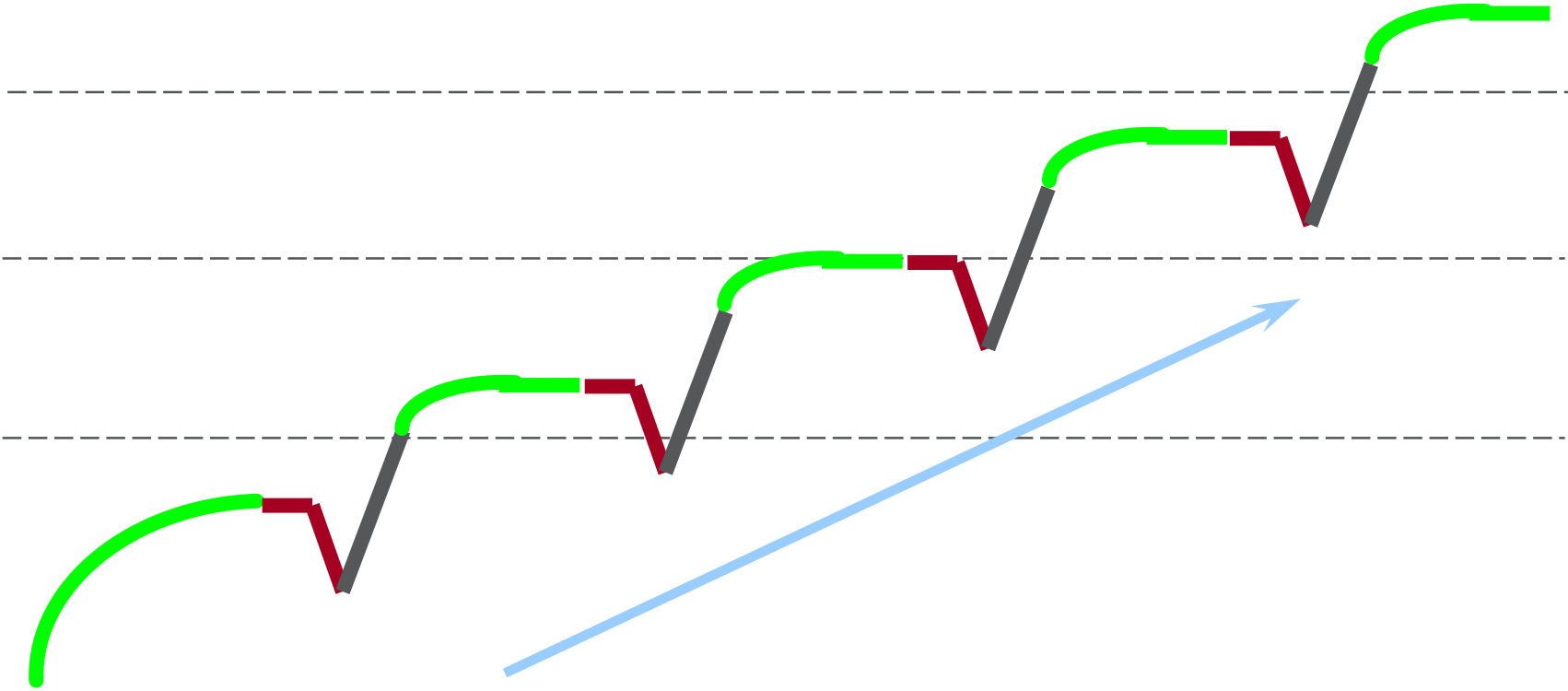
# Anatomy of a Learning Experience



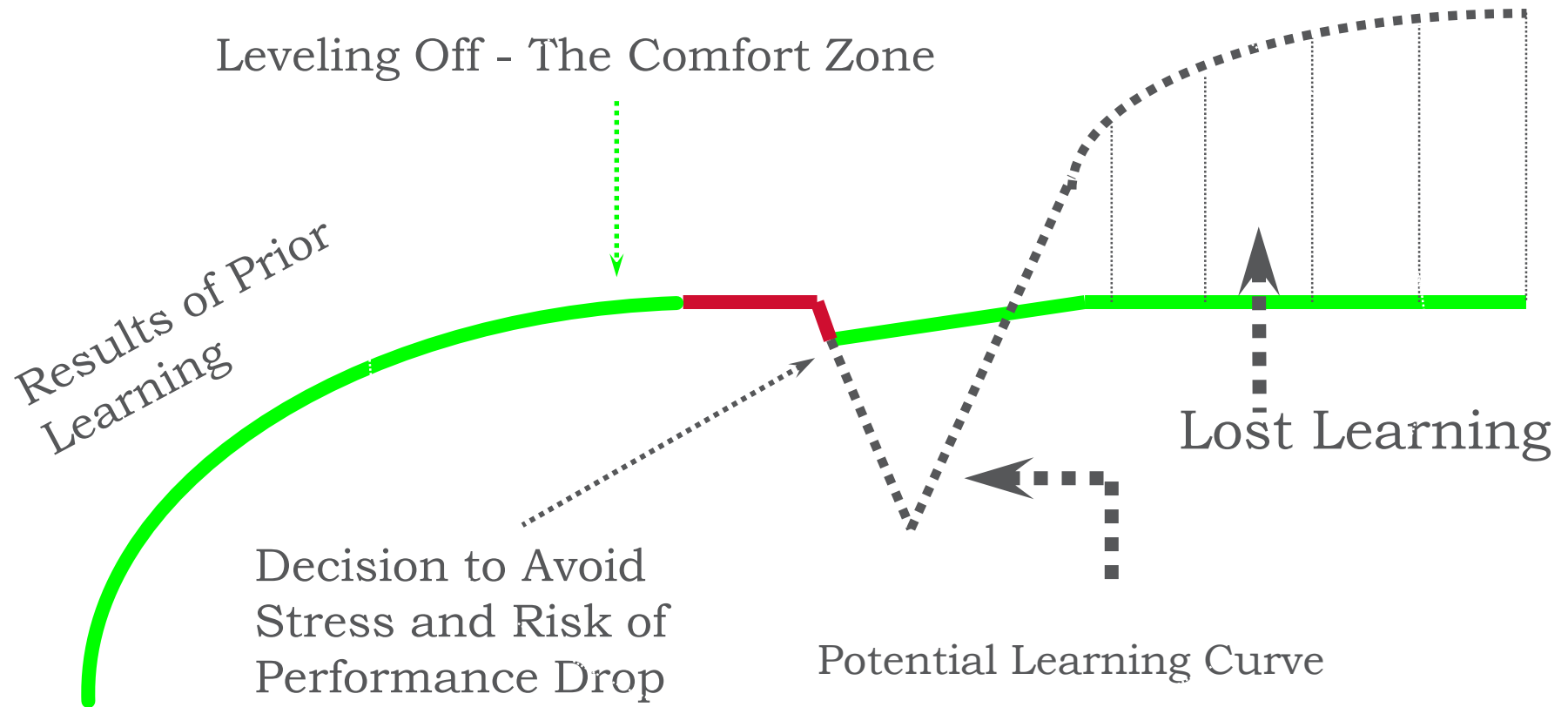
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# Developmental Trend



# Avoiding a Learning Experience



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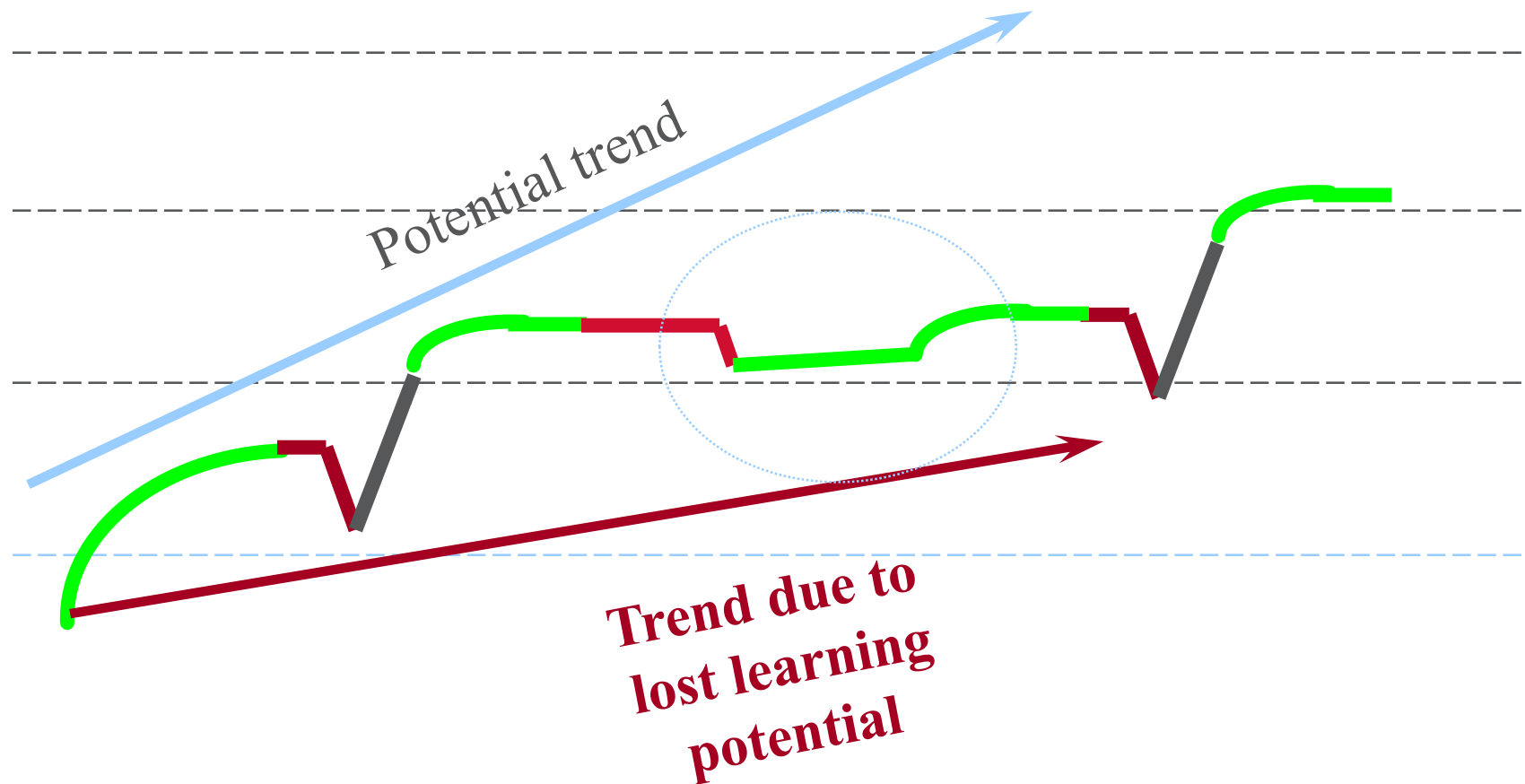
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The **fear of not looking good** is one of the greatest enemies of learning. To learn, we need to acknowledge that there is something we don't know, and to perform activities that we're not good at.

Peter Senge

*The Fifth Discipline*

# Developmental Trend



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